

Milk'n'Honey PROGRAM 2024



the land of Milk'n'Honey

LEGEND









THE ELEMENTS - intensity and nature of the offering:

	FIRE - transformational, intensive, creative, active
	WATER - emotional, sensual, devotional, deep
	EARTH - downregulating, grounding, nourishing
	AIR - communication, mind, voice

LEVELS of experience:

	Preparatory - start here
	Advanced - only for bees w/ solid pre-festival experience in temples
	Open to All - no icon, all other sessions

ICONS - helping you understand what to expect:

	Full Hive - highly recommended for all to be there!		Come paired-up
	Dance / Movement		Touch - session based on touch or exercises involving touch
	Guided Temple / Ritual		Nudity very likely to happen - always optional
	Music / Singing / Perfo		Sex-positive - genital touch / contact is invited

Wednesday, May 29, LANDING

Melissae

Queenspace

Nectarium

Lactarium

Arrival
14:00 - 20:00

WELCOMING YOU from 14:00 Arrival, Check-in, Registration & Soft Landing



Workshops
16:00 - 18:00

Conscious Touch
Radhika Sophie

REGISTRATION
Welcoming Gate / Reception

Bezwstydne Branie PL
Agata Kawecka

RBDSM Conversation ENG / PL
Michal Maayan Don



 

First meal
18:00 - 20:00

Last arrivals - Festival gates close at 20:00

20:00 - 21:30

Intro Talk on Temple Culture with Q&A

Night Rituals
21:30 ~ 23:30




Stepping Into Intimacy
Aleksandra Maria Love

Orgasmica
Ola Viduta

Making Self-Love ENG / PL
Kasia Chojnacka





   

23:30 - late

Sensual Open Space
live music by Jež

Sex-Positive Open Space

*More at Milk'n'Honey land: Fire, sauna ceremonies (19:00, 23:30, 00:30 & 01:30)
Milky Melt Lounge chill & the stars*

Melissae

16:00 Conscious Touch

Radhika Sophie



In this workshop we will learn and explore kinds of touch and then we will share touch with authentic and clear communication (based on the wheel of consent).

20:00 Intro Talk on Temple Culture with Q&A with a panel



A MUST ATTEND space to for all the bees NEW to the Temple Spaces and Temple Culture. Reminder of our Pillars, hygiene rules and tips for moving in the Open space. Don't be shy - ask all the questions you have!

21:30 Stepping Into Intimacy

Aleksandra Maria Love



Easing into connection and intimacy through a flow of interactions. This journey will focus on establishing safety in your body so that you become available for exploration and connection.

23:30 Sensual Open Space: w/ live music

by Jeż



Open space with pants & panties ON! Enjoy foreplay and sensual interactions in a space divided into different play areas. For all the NEW bees and those who like to take it slow. Accompanied by beautiful live music.

Queenspace

14:00 - 20:00
REGISTRATION

21:30 Orgasmica. An Organic Experience



Ola Viduta

Blindfolded journey through the alchemy of human energy and consciousness. From the the deep body wisdom into the waves of organic group flow.

23:30 Sex-Positive Open Space



A space of freedom, magic and flow to explore. Use RBDSM conversation and follow safer sex practices.

Nectarium

16:00 Bezwstydne Branie PL

Agata Kawecka



Praktyka granic i przyjemności. Podczas tego warsztatu opartego na Kole Zgody, potrenujesz to, co dla większości z nas jest najtrudniejsze: BRANIE. Doświadczysz, że nie tylko przyjmowanie dotyku od drugiej osoby, ale także aktywne branie może wprowadzić Cię w stan błogości. Nauczysz się, jak czerpać przyjemność i odkrywać świat poprzez koniuszki Twoich palców.

21:30 Making Self-Love ENG/PL

Kasia Chojnacka



How do you make love to yourself? How do you show yourself care and give yourself pleasure? Intimacy starts with you - invite yourself for a sensual date to start the festival from a place of softness, sweetness and nourishment of your body temple. Seduce yourself into aliveness and allow for an embodied romance with yourself.

Lactarium

16:00 RBDSM+
A Conversation to have
ENG/PL



ENG/PL

Michal Maayan Don



A must attend for all who don't know this conversations yet. This is THE conversation you want to have before entering an intimate connection so that all of you is IN. Stands for: R- Relationship Status, B - Boundaries, D - Desires, S - Sexual Health, M - Meaning & Aftercare

Thursday, May 30, EXPLORATION

Melissae

Queenspace

Nectarium

Lactarium

Rise & shine
7:30 - 8:30

Yin Yoga Flow **ENG/PL**
Lucy Nowowiejska


Activating the 3 Kundalinis
Andreas Kampf

Breakfast
8:30 - 9:45

10:30 - 13:30

Opening Ceremony 
Melissae

Lunch buzz
13:30 - 16:00
(food served
14:00-15:30)



DJ Set
Lidor Hacoheh 
Beach

Workshops
16:00 - 18:00

Wild Tribe: Put on the Shaman
Michal Maayan Don
 

Dissolve Your Heart Shield
Agata Kawecka **ENG / PL**
    

TRANS*MISSION - Shamanic
Somatic Voice Dialogue
Asis Aviv


Autonomous Nervous System
(ANS) - Prep for Play
Maya & Roni
 

Dinner breath
18:00 - 21:00
(food served
18:30-20:30)

Special





19:30 - 21:00

Prayerformance
concert by Yehoo Shalem
 

Night Rituals
21:00 - 23:00

Tantric Honey Consecration
Alar Krautman
 

Tantric BDSM
Radhika Sophie
    

unRole-play
Marta Ziótek & Janka Jankiewicz
  **ENG / PL**  

Sacred Fire: Dhuni Ceremony
Andreas Kampf
 

23:00 - late

Open Space
Erotic Bazarek
  

Kinky Open Space
  

More at Milk'n'Honey land: Fire, sauna ceremonies (19:00, 23:30, 00:30 & 01:30)
Milky Melt Lounge chill & the stars
00:00 Royal Jelly: secret porn screening

Melissae

 **10:30 Opening Ceremony**
all

Official opening of the Festival.

 **16:00 Wild Tribe: Put on the Shaman**
Michal Maayan Don



A journey connecting the shamanic potential and shamanic abilities in all participants, in all human beings. We will put on the shaman's body, download from the infinite knowledge the files to activate more shamanic abilities and shamanic tools that are relevant to each and every one in the style of the unique gift that he and she have to bring into the world. In the workshop we will listen deeply to the absence and lack of shamanic rituals in our lives at significant points in them, we will go back in time, and create and hold creative group rituals for us, rituals that will cross all dimensions and bring healing to the present and future of all participants in the workshop. This is a magical journey to a consciousness that is waiting for all of us to be given expression, a consciousness of tribal rituals as a part of everyday life, a consciousness that we all remember is supposed to be a part of our lives, but we didn't get to meet it in a benevolent way. And so... it's time to grant ourselves the magic that will ritually accompany even the moments of the past.

 **19:30 Prayerformance**
Yehoo Shalem 

A musical journey with Yehoo's original songs as well as prayer songs from the Middle East. Come to be together, let go, and open your heart in prayer.

 **21:00 Tantric Honey Consecration**
Alar Krautman



It is a beautiful and playful honey ritual that gives an opportunity to value and appreciate honey and at the same time provides a lot of valuable information about honey and ourselves. It allows us to understand the deeper meaning of honey, how through honey the DNA of the plant opens our senses and communicates with cells. The workshop-ritual is practical and getting information is through meditation.

 **23:00 Erotic Bazaar**
Open Space



Participatory Open Space offerings. Come at 23:00 for INTRO or join later. Set up a space in the Temple for your special offering. Offer for as long as you like, change as many times as you like. Take time to enjoy others' "shops". Bring tools, toys, costumes - anything you need to create an awesome experience for others. The limit of what you offer is your imagination!

Queenspace

16:00 Dissolve Your Heart Shield ENG/PL
Agata Kawecka



Gentle bodywork session based on soft touch de-armouring with potential for deep impact. Our heart is often shielded with defense mechanisms, that were created to protect us. However, what was once a needed protection, might have become with time a rigid armour, that no longer serves us. Instead it doesn't allow us to experience the full flow of life and it stops us from opening ourselves to love.

 **21:00 Tantric BDSM**
Radhika Sophie



Explore your body in a new playful & exciting way! You are invited with a partner and some curiosity to discover the space where BDSM and Tantra meets.

 **23:00 Kinky Open Space**



Bring your kinky self (and any equipment / costumes for this party). Use RBDSM conversation and follow safer sex practices.


Nectarium

 **7:30 Yin Yoga Flow**
ENG/PL
Lucy Nowowiejska

Time to stop, focus on breath, feel your body and connect to yourself by practicing asanas. This gentle practice helps to bring the awareness to the body and mind. (more to write)

 **16:00 TRANS*MISSION Shamanic Somatic Voice Dialogue**
Asis Aviv

It's time to go deep and get to know and celebrate the differences between our inner selves, perhaps even see beyond them. With the support of SSVD we will embody the divine masc and femme energies to channel original messages and open up to the mysterious gifts they have to offer. As we sacredly unite these so called polarities we will passionately give birth to our own inner unique Goddess prodigy. Come out and play!

 **21:00 unRole-play**
ENG/PL
Marta Ziótek & Janka Jankiewicz





Let's play the unrolling. Using the theatrical trajectory of one of the human core erotic theme which is the role-playing as a playful and shamanic journey to your authentic expression of life-force flowing through your body and allowing your yet unknown-erotic-self to show up.

Lactarium

 **7:30 Activating the 3 Kundaliniis**
Andreas Kampf

We utilize our awareness to connect with the life force present in our base, crown, and heart. I will lead a meditation where participants are invited to open themselves to these portals and energies within our physical and energetic bodies, thus establishing a deeper connection with all aspects of ourselves—whether human, soul, or a fragment of the absolute. This meditation aims to facilitate a opening and integration of these levels.

 **16:00 Autonomous Nervous System (ANS) - Prep for Play**
Maya & Roni 

Basic education about Autonomous Nervous System plus useful regulation and self-holding tools, that will prepare and equip you to go through the festival more attuned, present and regulated. Informative and experiential.

 **21:00 Dhuni Ceremony at Sacred Fire Altar**
Andreas Kampf



We will invoke and worship Fire as the essence in life force and a portal to the Divine. After creating sacred space, we will invoke the presence of certain supportive deities and energies through mantras and offerings. Once the fire temple is established, everyone is invited to utilize the space to be with the fire, for prayers, to move or transmute challenging energies, manifest intentions, meditate, or engage in healing work or eros as an offering to the Divine. No space for casual conversation or chill out!

Friday, May 31, CELEBRATION

Melissae

Queenspace

Nectarium

Lactarium

Rise & shine
7:30 - 8:30

 **OSHO Dynamic Meditation**
Piotr PJ Reisch **ENG/ PL** 

 **Fluid Gravity**
Andreas Dreki 

Breakfast
8:30 - 9:45

10:00 - 11:15

Loved-up Beehive Gathering 
Melissae

Workshops
11:30 - 13:30

**OMG! Yasss Queen!
Shamanic Voguing**
Aviv Asis 



The Magic Wand
Michal Maayan Don




Unwrapped Ecstatic Dance
Lidor Hacoheh
& Ola Viduta **ENG / PL** 




**Cum What May
- Let's talk about sex!**
Maya Magdalena & Roni Averashi

Lunch buzz
13:30 - 16:00
(food served
14:00-15:30)

DJ Set
DJ JPS 
Beach

Workshops
16:00 - 18:00

**Dark Eros – Healing fear, guilt
& shame to live free** **ENG / PL**
Piotr PJ Reisch 



Honey massage - snake dance
Alar Krautman



Kirtan - Singing Meditation
Lucy Nowowiejska



Soul-Soil journey
Maya Magdalena



Dinner breath
18:00 - 21:00
(food served
18:30-20:30)

silent break

Special
20:00 - 20:30

Melissae Bliss Performance
by Marta Ziótek, Janka Jankiewicz
& Ana Szopa 



Night Ritual
21:00 - 00:00



WILD TRIBE RITUAL /w cacao 
Michal Maayan Don & Lidor Hacoheh
   *Melissae*

00:00 - late

**Temple Open Space: live music
Slavic Flow**
by Aleksandra Daraż 



**Temple Open Space:
Galactic Erotic Poetry**
by Joy Thunder 



*More at Milk'n'Honey land: Fire, sauna ceremonies (19:00, 23:30, 00:30 & 01:30)
Milky Melt Lounge chill & the stars
00:00 Royal Jelly: secret porn screening*

Melissae

Queenspace

Nectarium

Lactarium

10:00 Loved-up Beehive Gathering



all

Let's buzz together!

11:30 OMG! Yasss Queen! Shamanic Voguing



Asis Aviv



Together we will reveal the hidden magic we inherited from our spectacular queer lineage and embark on a profound empowering quest. We will connect to the inner supermodel, walk the runway of life, DANCE proudly and celebrate one another as Queens among Queens! SHYning divas are very welcome Optional dress code - Sexy c*nt

16:00 Dark Eros - Healing fear, guilt & shame to live free

ENG / PL

Piotr PJ Reisch



During this experiential workshop we will taste some of the themes, of power over an power under in a guided group experience. Then we will experience a transgressive massage "Playing the body as a musical instrument" and learn how to use floggers as a tool of raising energy. The body is the instrument, like a cello, the flogger is the bow and the energy is the music.

20:00 Melissae Bliss Performance

by Marta Ziótek, Janka Jankiewicz & Ana Szopa



We will connect with the energy of the humming song of The BEES and feel into choreography inspired by the wisdom of the ancient Bee Nymphs and Oracle called Melissae.

11:30 The Magic Wand

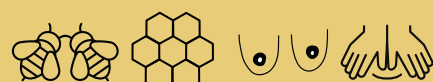
Michal Maayan Don



TEMPLE HEALING RITUAL - LINGAHM MASSAGE It is time to gather men and women together and rejoice this magic wand into the powerful and beautiful beam of love and light and activate the energetic superpowers of the free Lingham with our open hearts and conscious touch. Male bodies are invited to come with a partner, willing to work together in intimate touch. We will create a safe space for the vulnerability of the lingham and an intimate sacred healing ritual.

16:00 Honey massage - snake dance

AlarKrautman



Bodywork with honey. Honey dictates the tempo, rhythm and technique to us. We listen to honey and go inside her to explore the possibilities. Honey surprises with its possibilities for both deep body work and opening of energy channels. (for which he was originally used in India). This technique is also called snake dance because it is a slow, intuitive and playful bodywork.

7:30 OSHO Dynamic Meditation



ENG/PL

Piotr PJ Reisch

A vigorous and profound exercise to break past ingrained patterns, allowing one to experience freedom, silence, and peace. Designed for early morning, it encourages intense engagement with the self through a specific sequence of movements and sounds over five stages, lasting an hour.

11:30 Unwrapped Ecstatic Dance

ENG/PL

Lidor Hacoheh & Ola Viduta



An ecstatic dance with a twist! - it's nude. We Start with a ceremony to leave shame & cloths out of the room. Then to a happy ice breaking warm up. To a joyful yet heart touching dance.

16:00 Kirtan

Lucy Nowowiejska



Kirtan is active form of meditation known since ancient times. During this event we listen and connect through singing a mantra songs, vocal talent or singing skills are not important at all. The most important thing is to see the meditative potential and elevate your mind from the material dimension to the spiritual dimension, thus experiencing inner peace, happiness and satisfaction..

7:30 Fluid Gravity

Andreas Dreki



Fluid Gravity is a form of unifying group movement similar to Contact Improvisation. The unique quality "moving as an extension from the core of earth" is established as a field synergy from the beginning. Play with balance, weight, and energetic polarities unfolds organically as an intuitive way of listening.

11:30 Cum What May - Let's talk about sex!

Maya & Roni



Connect with the community in a Sharing Circle format. Weather you want to talk about your sex life, last night temple or your deepest shames & desires - this is a safe space to do it. For integration, expression and group support. CumWhatMay - is a non-profit and inclusive community rewriting the narrative around sex and providing safe, de-stigmatising spaces. <https://www.cumwhatmay.com/>

16:00 Soul-Soil journey

Maya Magdalena



A somatic journey, dance, ritual, act of devotion. Become the earth and let it move you. Remember your origin, pour your love into the Soil and let your Soul expand. Beyond the little into the greater "I".



21:00 WILD TRIBE RITUAL /w cacao

Michal Maayan Don & Lidor Hacoheh



We will go through a cosmic transition together, between dimensions, between the ordinary and the sacred, between the personal and the tribal, between separateness and connection. We will go through a journey of discovering the natural medicine capabilities of the tribe, we will go back in time to the ancient knowledge of tribal expression in movement, breathing, voice and music, and we will crack the ancient codes of the ability to live in a healthy way that channels all experiences in a daily way and tribal rituals that create resilience in the individual and in the community. In the tribes that lived close to nature, in a tribal connection where each person has a place and meaning, and within life powerful rituals of connection to the body of the tribe are interwoven, in music, prayer and rhythm, there was no need to heal the soul and personality because the rituals were a constant drain of emotion and trauma. The WILD TRIBE ceremony comes to connect us to the ancient and ancient knowledge of tribal medicine with joy and connectedness. In the ceremony we will activate the ancient codes of being able to create healing rituals from the ability to really see each other, and feel each other, really feel, really be together, and together create an ecstatic movement that brings us together with the powers of tribal medicine that are far beyond anything we have known so far. The secrets of the medicine of the tribes where the sexual intelligence is active, and teaches connectedness in a quality we have forgotten, this is a fascinating subject of investigation for me, and I am happy to bring this service to the tribe.

00:00 Temple Open Space: w/ live music Slavic Flow

by Aleksandra Daraż



Let yourself be taken by the mystery of the Temple. Let it be your embodied prayer. Use RBDSM conversation and follow the safer sex practices.

00:00 Temple Open Space Galactic Erotic Poetry

by Joy Thunder



Let yourself be taken by the mystery of the Temple. Let it be your embodied prayer. Use RBDSM conversation and follow the safer sex practices. Come with an intention of water element and we see where it takes us.

Saturday, June 1, BELONGING

Melissae

Queenspace

Nectarium

Lactarium

Rise & shine

7:30 - 8:30

Breakfast

8:30 - 9:45

Bliss Dance: Heart-Centered



Olga Laima **ENG / PL**



8:00 *Beach* Stretch Workouts



Isaias Emilio



10:00 - 11:15

Loved-up Beehive Gathering

Melissae

Workshops

11:30 - 13:30

Sex magic

Radhika Sophie



Loving Presence:
A Tantra Massage

Ola Viduta **ENG / PL**



Blind Wedding

Joy Thunder



Initiatory Astorology

Andreas Dreki



Lunch buzz

13:30 - 16:00

(food served
14:00-15:30)

DJ Set

KT Chojna

Beach



Workshops

16:00 - 18:00

Monster Chase

Joy Thunder



Orgasmic Meditation Massage

Piotr PJ Reisch



Puja Pustki **PL**

Olga Laima



Voice out your inner joy-
no perfection!

Aleksandra Daraż



Dinner breath

18:00 - 21:00

(food served
18:30-20:30)

Special

19:30 - 21:00



NON-TALENT SHOW

Aviv Asis & community

Melissae

Night Ritual

21:00 - 23:00

Playing with Energy

Radhika Sophie



Soulsexual

Andreas Dreki



by *Hive Fire*: Music circle

Power of music **ENG / PL**



Lucy Nowowiejska



Estonian Sauna Ritual

Alar Krautman



23:00 - late

Sacred Open Space: live music

by Yehoo Shalem



Sacred Open Space



More at Milk'n'Honey land: Fire, sauna ceremonies (19:00, 23:30, 00:30 & 01:30)

Milky Melt Lounge chill & the stars

00:00 Royal Jelly: secret porn screening

Melissae

10:00 Loved-up Beehive Gathering



all

Let's buzz together!

11:30 Sex magic

Radhika Sophie



A beautiful tantric self-pleasure ritual/ discover how to play with sexual energy to create your reality.

16:00 Monster Chase

Joy Thunder



What do you run away from? Perhaps Pain? Success? Vulnerability? We will explore together the power we give the Monster, the archetypal Chaser carrying all that we'd rather run away from... But instead of just running, we will slow down, feel what is happening - and then turn around to face it. Come for a hands-on, embodied experiment in facing the fear.

21:00 Playing with Energy

Radhika Sophie



In this Temple we will learn about the energy body and will play with our partner, exploring energetic penetration.

23:00 Sacred Open Space:

with live music by Yehoo Shalem



Flowing in ecstasy and togetherness, how do you serve the Temple? What is your prayer? (keep using RBDSM conversation and follow the safer sex practices).

Queenspace

11:30 Loving Presence: A Tantra Massage

ENG/PL

Ola Viduta



A ritual of nourishing touch, allowing meeting another human being on a sacred and intimate level, encompassing all what is. Tantric practice that brings relaxation and nourishment to both physical and emotional body. You will be guided step by step to offer and receive a loving touch to the temple of your souls - your body. Intimate touch included, if in your boundaries. Dare to invite someone you'd like to experience this deep journey with beforehand or trust the Great Spirit to pair you up on the spot. Bring your sheet, sarong and massage oil.

16:00 Orgasmic Meditation Massage

Piotr PJ Reisch



Experience the Art of BEING rather than DOING - as the key to flow into blissful orgasmic energy state. Program: shifting awareness from the physical to the energetic, Alchemy of Fire & Water touch, Tantric Wave between Heart & Sex, Yoni & Lingam Orgasmic Meditation. Come in pairs, expect nudity (always optional)

21:00 Soulsexual

Andreas Dreki



In this temple we will connect w. soul & sexuality as complementary elements as well as explore the ecstatic pleasure of meeting from a centered & honest place. This is suitable for those that are curious to explore a soul-based approach to sexuality.

23:00 Sacred Open Space



Flowing in ecstasy and togetherness, how do you serve the Temple? What is your prayer? (keep using RBDSM conversation and follow the safer sex practices).

Nectararium

7:30 Bliss Dance: Heart-Centered Eros

ENG/PL

Olga Laima



Bliss is the balance that happens When we fully embrace Both our shadow & our light And come to rest In love When we drop deep into the centre of presence, every cell of our bodies gets infused with the eros of life. We smell the ambrosia of being. When we open to the full aliveness of our bodies, stillness arises of itself. Blissdance was created by Dr Shakti Malan as a free dance practice to deepen our embodiment of consciousness & true intimacy with life.

11:30 Blind Wedding

Joy Thunder



"Go, and marry the first person you meet down the road." We will bow to this command found in many folktales, and go on a blindfolded journey to meet a mystery bride or groom. Often in tales and in life, this being turns out to be - a bear, a frog, a raven! We will practice the pristine curiosity shown in fairytales, where under the beast there is always a perfect teacher, a magical ally who fills our lives with magic and joy. In an era where partners are examined and dropped in seconds, what happens when we close our eyes with complete trust and allow fate to choose? What to expect : dance, ritual, light touch. I will be guiding with simple invitations, that you can follow at your convenience - there's no pressure for this to look any particular way. Note - this is NOT a clothes-off, penetrative Eros space

16:00 Puja Pustki PL

Olga Laima



Czy masz gotowość oddać się nicości? Zapraszam Cię na spotkanie z Boginią Kali i rytuał świętej pustki. Na zatopienie się w przestrzenność, nicość, ciszę. W ciemność. Aby przyjąć medycynę niczego. Puścić, uwolnić, opróżnić się. Rozpuścić to co nadmiarowe, niepotrzebne, cały hałas umysłu, jazgot ego, niekończącą się intensywność emocji. Połączyć się z esencją śmierci, aby doświadczyć głębi i piękna surowego, pełnego energii życia.

21:00 Power of music: Power of Music by the Hive Fire

ENG/PL

Lucy Nowowiejska



Step into the rhythm at 'Music Circle - Power of Music,' where you'll embark on a journey through the impacts of music. Engage in lively signing, bring your instrument, move your body and use- your voice. No matter your musical background, come explore the vibrant heartbeat of the music that unites.

Lactarium

8:00 Beach Stretch Workouts

Isaias Emilo



Isaias will do his workouts daily on the beach - you can join him! The sessions will include practices designed to inspire and challenge you, catering to both those seeking motivation and those eager for a more intense workout. The goal of these sessions during the festival is to invigorate participants' bodies with movement and life force. Rather than leaving attendees tired or drained, these sessions will have the opposite effect, awakening and energizing the body, leaving participants refreshed and ready for other festival activities.

11:30 Initiatory Astorology

Andreas Dreki



This will be a transmission of the archetypal foundations of astrology, cosmology & myth that will lead us into a deeper conversation about initiatory culture and ritual magic.

16:00 Voice out your inner joy - no perfection!

Aleksandra Daraż



Singing workshop inviting everybody for enjoying the voice with the pure, childish energy - as we all wish to be! Through the movement, respiration, singing meditation, vocalisation, improvisation and joy we're gonna liberate and empower our voices. To find your healer inside you need to believe in the power of your voice - let's do it together. What can You expect? Safe, family environment without judgment Freedom of expression The wave of endorphins Being here and now Learning the new songs (which Aleksandra is collecting during her journeys) Opening throat exercises Group improvisation Movement and joy Connection between your voice and other waves of art and more! Come and voice out your inner joy!

21:00 Estonian Sauna Ritual at Beach Sauna

Alar Krautman



This is a traditional Estonian sauna trip, which gives you the opportunity to travel through time and become a part of a very sacred, but extremely sensual journey. We also begin to understand the sauna as an activity. We sing, whistle, rub with herbs, and do other beauty procedures.

Sunday, June 2, INTEGRATION

Melissae

Queenspace

Nectarium

Lactarium

Rise & shine
7:30 - 8:30

Breakfast
8:30 - 9:45



Drop Into Base

Andreas Kampf

/ Room check-out by 10:00 /

Integration
Wokshops

How to Spell Your Spell

Yehoo Shalem & Asis Aviv



Parasympathetic Bath

Maya Magdalena & Roni Averashi



Shamanic Body Scanning

Piotr PJ Reisch **PL/ENG**



Making Love with Nature

Aleksandra Ola Viduta



12:00 - 14:30

Closing Ceremony & Auction

Melissae

Lunch & Slow Departure from 15:00 (please don't leave earlier)

BEACH: community post-festival pack-up & lounging... stay as long as you like into the evening...

Melissae

10:00 How to Spell Your Spell

Yehoo Shalem & Asis Aviv



Prayer is a way to be in intimate union with our deep desires and with the miraculous mystery of the universe. Singing is a way to connect our breath (= our life), and our sound (= our unique frequency) with our prayers. Through various explorations, each participant will be invited to find and refine their current personal prayer into a mantra-like powerful sentence (spell) and will be guided to compose their simple melody for it. Take this song with you home and anywhere you go, to stay connected with this prayer. *Bring a notebook, a rattle or drum if you have one, and your phone to record yourself.

12:00 Closing Ceremony & Auction

all



Stay with us until the very end to get a sense of completion of your journey. The Ceremony will have many surprises for you and a lot of fun !

Queenspace

10:00 Parasympathetic Bath

Maya & Roni



Get ready to go home, a soft-landing, festival collective rest and digest. Perfect for those who feel activated, overwhelmed or out of their center. We will co-regulate the nervous system and share useful tools to take home.

Nectarium

7:30 Drop into Based

Andreas Kampf



We will use our awareness to prepare and open our body and energy field by invoking spaciousness, flow, grounding, centeredness, and interconnectedness in contracted areas. Then, we will drop our center of awareness along the spine down until landing in the lower belly or even the pelvic floor. This is a powerful exercise to open deeper to our center of plain pure being as part of the one and experience the profound shift and possibilities when in contact with that. Our place of power of pure existence beyond mind and emotions. We then explore how to remain centered there and cultivate this ground as a resource.

10:00 Shamanic Body Scanning

ENG/PL

Piotr PJ Reisch



Shamanism studies our energetic connection to everything around us, the elements, the minerals, plants and animals, and especially the spirit connections. In this integration workshop preparing for shamanic healing we will work in groups of 5 with the elements of Medicine Wheel, learning how to read subtle energies and how to trust our intuition to understand our connectedness.

Lactarium

10:00 Making Love with Nature

Ola Viduta



Your own personal journey to fully become one with the Living Creature called Earth. Find your flow, your pleasure, join your juices with Nature's!

Discover other magical spaces at Milk'n'Honey land

	Nectarium+	Lake, Forest Brook	Beach Sauna sex+ space	Indoor Sauna silent space	Milky Melt Lounge	Earth Altar & silent space	Sacred Fire Altar	Safe Harbour Harbour	Pleasure Fountain Fountain	Hive Fire
Space Function	free flow cuddle & massage exchange	nature to ground and nourish yourself with	SAUNA (extra paid)	silent sauna	Cafe, Festival shop & chill space	altar + silence nourishment space	altar	Emotional and Consent Support	art installation	social fire
Opening hours	during the breaks	24h	Hot between: 7pm - 2am; Sauna ceremonies daily at 7pm, 11:30pm, 00:30am, 1:30am	24h (with tech breaks)	most of the day	24h	24h	lunch & dinner breaks + you can find support bees at open spaces	24h	in the evenings
Where to find it?	tent East side of the beach		East side of the beach	Hotel building, ground floor	Hotel building, 1st floor	Forest next to Lactarium	West side of the beach		on the lawn between Melissoe & Queenspace	East side of the beach
How to Get the Most out of This Space?	Anytime you need touch, nourishment or relaxation. Come. Direct requests are welcome as an easiest way to find someone to jump to the cuddle honey jar with you. Cuddle directions: -ask for consent to join, -lie down & relax your body, - breath together -stay still or move your hands gently on other bodies to increase pleasure	Enjoy! There are many walking paths around the lake. Created by Her	Sauna ceremonies are first come first serve bases. Enjoy!	Private sauna sessions take place here, book with Izabela. Enjoy the sauna when there are no sessions in progress.	Milky Melt is a mix of a festival shop / cafe & cosy chillout space. You can get hot & cold beverages here, (coffee, tea, lemonade & cacao) sweet desserts and healthy vegan take a way snacks. All made with love by Ola Rycembel. IF YOU ARE A COFFEE DRINKER - THIS IS THE ONLY PLACE TO GET IT! The shop offers kinky fancy outfits, hand made oils for massage, and some of our festival merch. You can also come here to get more BEE COINS. It is possible to pay cash, card or BLIK. Milky Melt is a space to relax, take a breath or even a nap, cuddle on one of the sofas. Also, you can admire art exhibition of Kati Dobrogó's sensual paintings & illustrations, and buy some of her artworks!	It's a sacred space of worshipping the element of the Earth and connecting with the ground. This is a place for our prayers, to move or transmute challenging energies, regulate yourself, manifest intentions, meditate or engage in healing work or eros as an offering to the Divine. Created by Kasia Bańka	It's a sacred space of worshipping the Fire as the essence in life force and a portal to the Divine. This is a place for our prayers, too move or transmute challenging energies, manifest intentions, meditate, or engage in healing work or eros as an offering to the Divine. Created by Andreas Kampf	Feeling stuck, triggered or wanting to run away? Confused, angry, afraid, sad? Did something happen that you need to talk through? You are not alone. All your emotions are welcome. Reaching out for support is a truly magical way to build trust, love and empowerment. We are all learning to ask for support. Ask a person next to you, go to Safe Harbour during a break or look around for a support bee.	How is it possible that it was only in 1998 that Helen O'Connell published the first comprehensive anatomical study of the clitoris, and in 2010 she created for the first time a three-dimensional image of it? How come female ejaculation only became the subject of serious scientific inquiry in the second half of the 20th century? Let us not continue to ignore our bodies - let's fight for our dignity and discover the pleasure that lies within them! Let's show a fuck ejaculating with freedom to anyone and everyone who still wants to deprive us of the right to decide about ourselves, about our joy, passion and pleasure. Created by Aga Szreder	all expressions are welcomed
RULES OF THE SPACE: please respect these when using the space	This is a non-sexual interaction space. Cuddle and straightforward give-receive touch interactions are welcome.	The lake is unsupervised. Be Safe.	EXTRA PAID IN BEECOINS - entrance per evening 1. no clothing in the sauna. 2. take a shower before coming in. 3. towels between any part of your body & the wooden parts of the sauna. 4. 15 min session is a safe timing for one round in the sauna. 5. cool your body enough in between every session. 6. no food or drinks inside	1. no clothing in the sauna. 2. take a shower before coming in. 3. towels between any part of your body & the wooden parts of the sauna. 4. 15 min session is a safe timing for one round in the sauna. 5. cool your body enough in between every session. 6. no food or drinks inside. 7. keep silence at all times	1. You can get sexy. but no sex here (we know, the sofas are very tempting...) 2. Sit, drink, chat, meditate, relax, eat, get to now new people 3. Enjoy the deliciousness of life by buying extra yummy foods/drinks/ stuff) 4. Pay with BEECOINS for food, drinks (and sauna), and "normal" money for all the rest 5.You can take photos, tag yourself and us - but don't take photos of others without consent 6. Feel free to try on clothes (and take photos and tag us!)	Not a space for casual conversation or chilling	Not a space for casual conversation or chilling		Do not touch the sculpture. You may anoint yourself with the sacred waters.	Enjoy!

	Private Sessions sex+ space	Massage Tents sex+ space	Royal Jelly sex+ space	Fuck for BEES sex+ space	Spell Tree	Shoe Tree	Zoom out point	Art Temple	Erotic Bazarek sex+ space	Food Court
Space Function	pre-booked 1:1 sessions	pre-booked massage sessions	Sex-positive space	Art Installation: live porn	slavsex witchcraft	Art Installation	new perspective hammock	Art Installation	Participatory Open Space offerings	
Opening hours	by arrangement	by arrangement	24h	24h	24h	24h	24h	24h	Open Space Thursday Night from 23:00	meal times
Where to find it?	behind Melissoe	camping ground	Hotel 0,5. floor	in Royal Jelly	behind Nectarium	next to the Entrance gate	up the hill, behind the houses	beach	Melissoe	next to Melissoe
How to Get the Most out of This Space?	Book directly with the official Festival session providers. Find 1:1 session bees in the INFO board and the website. Arrange before the festival, approach them directly or send them a msg.		Have an RBDSM conversation before going in. Use breath, sound & movement to enhance your pleasure! Use your own safer sex equipment or find the provided supplies.	Enjoy sex with yourself or another person while others may watch (through the widows) & donate money for the bees! Created by Janka Jankiewicz.	Pause and listen to the erotic expression of Nature around You. Find a natural object representing your desire and tie it with yarn while reciting your spell. Hang it on a tree to manifest its purpose and express gratitude to Nature's witness. Observe the unfolding magic, remembering your magical power lies in connecting and making love with Nature, not manipulating it. Created by Kasia Bańka	Symbolically and ritualistically leave your ordinary-self outside of the gate of the Festival by hanging your shoe on the tree. From that point onwards dare to discover your sweet, unknown, quirky version of yourself	Distance Yourself for a moment in the hammock up the hill and invite the freshness of this zoom out perspective.	Enjoy the Milk'n'Honey central art installation with the lake view Created by Joy Mittens	Set up a space in the Temple for your special offering. Bring attributes, tools, costumes - anything you need to create an awesome experience for others. The limit of what you offer is your imagination!	check the serving hours to not miss your meals
RULES OF THE SPACE: please respect these when using the space	Only for use by the official Festival's session providers.		Only enter with pre-arranged partner/s (unless you are coming for self-pleasure which is super welcomed). Don't approach people who are already engaging. No voyeurism of any sort in this space (unless this was your arrangement before you entered). Always use your own property under naked body. Take care that no body fluids touch the common property (wash it well in case it happens). Follow the Hygiene & Safer Sex Practices.	If You want to Fuck for Bees first invite your audience. Always use your own property under naked body. Clean up after the session. Don't enter when the space is already occupied. Watch and ENJOY DONATING :)	Clean the space after you are done with your witch craft. Respect the slavsexwitchery space and leave the spell which is not yours in peace.	1. Put off your shoe 2. Hang it by the laces 3. Leave a prayer and welcome your quirky self with some blessings from the tree 4. Whenever you need your shoe, you may come to take it back :) 5. Leave the shoes which are not yours alone	zoom out & chill OUT	Please do not climb the installation. Take as much insta pics as You want :)	Respect each others boundaries while interacting	



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